

Brantford-Brant Community Drugs Strategy Presents:

# Substances and Youth

## What adults need to know

**Saturday, May 4, 2019**

**10 a.m. to 2:30 p.m.**

**Doug Snooks Community Centre  
333 Erie Ave., Brantford**

**Dr. Tara Bruno, PhD, and author of The Drug Paradox will address:**

- How to start the conversation
- Substance use impact on the brain
- Knowledge and skills to prevent or delay use
- Early identification of use
- Accessing support and treatment services

**Community Panel with Q&A session**

**Free event**

**Free Strodes lunch**

Please call if you need transportation or  
childcare support (ages 3+). Limited space available.

**Register  
by April 23, 2019  
[substancesandyouth.eventbrite.ca](http://substancesandyouth.eventbrite.ca)  
or call Tracy  
519-753-4937 ext. 257**

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In partnership with: Brant County Health Unit, City of Brantford, County of Brant, Six Nations of the Grand River, Grand Erie District School Board, Brant Haldimand Norfolk Catholic District School Board, Brantford Police Service, Woodview Mental Health and Autism Services, Canadian Mental Health Association, St. Leonard's Community Services, Dalhousie Place Supervised Access Centre, Six Nations Mental Health & Addictions Team